

ISLAND MOUNTAIN RIDES 2010 Itineraries & Pricing

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Island Mountain Rides 2010

Island Mountain Rides is proud to offer a wide variety of mountain biking tours. Tours range from half day unsupported, to 5 days fully supported. All tours are tailored to the specific needs of each group. IMR is committed to providing top quality tours that showcase Vancouver Island's unique beauty and it's great mountain biking trails.

Some of the highlights include:

- Phenomenal views of the Ocean, Comox Lake and nearby mountains as you flow singletrack through the trees and along the rocky bluffs of Forbidden Plateau.
- Experiencing the incredible singletrack, spectacular views and unique cultural flavour of Hornby Island.
- Riding the homegrown trails of Cumberland and immersing yourself in the great mountain bike culture that the village has to offer.
- Meandering through massive fir trees and along the lakes of the Snowden Forest in Campbell River.
- Riding the twisty trails of Puntledge Park.
- Experiencing the unique culture and environment that Vancouver Island is famous for.

Photos are courtesy of DaveSilverphoto.com

IMR is committed to:

- Providing professional guiding services.
- Showing clients the best local trails in all areas.
- Respecting the Environment at all times.
- Contributing to local trail maintenance and advocacy.
- Respecting historic sites and informing guests of the unique resource based history of Vancouver Island.



Single Day Tours:

Cumberland Explorer:

1/2 Day (3 hrs)

\$60/person*

Skill Level: Intermediate to Expert

The 1/2 day Cumberland tour is a 3 hour tour that samples Cumberland's local singletrack. This guided tour will showcase Cumberland's trails based on the fitness level and technical abilities of the group. During this tour expect to ride a fine selection of Cumberland's home grown trails. Your ride will begin in town at the Riding Fool Hostel and within minutes you will be riding through forests of varying age on purpose built mountain bike trails. These trails contain a variety of natural and man made features. We will show you the creek-side descents, the twisty traverses and the flowy corners of the Cumberland network.

Epic Cumberland:

Full Day (4.5hrs+)

\$85/person*

Skill Level: Intermediate to Expert

The Cumberland Full Day tour will show you a large inventory of our finest local trails. This ride will take you all around the area and will show you many of the Cumberland Classics. On this ride you will ride near Allen Lake and

Perseverance Creek and you will also see great views of Vancouver Island's Beaufort Range, the Coast Range of mainland BC, Cape Lazo, the Georgia Straight, the Northern Gulf Islands and more. All of our Cumberland rides start right in the heart of town at the Riding Fool Hostel/Dodge City Cycles. Within minutes you will be experiencing Cumberland's famous homegrown singletrack as you climb and traverse through the twisty trails. Our guides will show you the cherry way up and once you have gained the necessary elevation, the best way down to maximize descending time. The descents you will rail are what makes Cumberland famous and we will show them to you in the best order. Following the ride we will cruise right down the main street and back to the Riding Fool.

Puntledge Explorer:

1/2 Day (3 hrs)

\$60/person*

Skill Level: Beginner to Intermediate

This 1/2 Day tour is perfect for beginner to intermediate riders. On this ride we will explore the trails of Puntledge Park and Nymph Falls Regional Park. These trails are twisty and fun as they skirt parallel to the banks of the Puntledge River and near Comox Lake. We will

guide you through mature forests on a distinct selection of trails as we travel up river, across the Comox Lake Dam and then down river on the other side. Elevation gain and loss is minimal although short up and down sections provide for some fun climbs and descents. During this ride we will make our way to Nymph Falls where we will stop for lunch right along the Puntledge River. This is a great tour with fun, fast trails in a beautiful environment.

Epic Forbidden:

Full Day (4.5 hours+)

\$85/person

Skill Level: Intermediate to Expert

This ride begins near the Puntledge River as we warm up with the fun twisty trails of Puntledge Park. After enjoying panoramic views during a 10 km climb up to Forbidden Plateau, you will descend through some of the best singletrack that Vancouver Island has to offer. The trails roll fast through mature forests and then out onto rocky bluffs. These rocky sections are a unique feature of the local topography and provide spectacular viewpoints where you will have a 180 degree or more panoramic view. From these viewpoints you may see one of the following features; the



Comox Glacier, the Beaufort Range, Comox Lake, Georgia Strait, the Northern Discovery Islands and the Coast Range of mainland BC. This is a true epic ride with spectacular singletrack, fast descents and stunning views.

Hornby Island Odyssey:

Full Day (6.5hrs+)

\$95/person*

Skill Level: Beginner to Advanced

Hornby Island is a true paradise and is a great riding experience for all levels of riders. The quaint island charm and the spectacular scenery, combined with the amazing riding makes Hornby the perfect destination. A short climb up from the ferry terminal puts you into the trails of Mt. Geoffrey Park. As you climb along the ridge, you will look back over Denman Island towards Vancouver Island. It is from here, looking west that you will realize the full beauty of Vancouver Island, it's mountains, neighbouring islands and their coastlines. After gaining the summit of Mt. Geoffrey we will then flow the vast array of singletrack that Hornby has to offer. IMR can tailor this experience to sample a few trails or a major amount of the Hornby inventory. To top off the full experience, after a great day of riding, a visit to the local marketplace, the bike shop and then a swim in the azure



waters of Tribune Bay is always an option.

Epic Campbell River:

Full Day (4.5hrs+)

\$85/person*

Skill Level: Intermediate to Expert

The trails in Campbell River are famous due to the vast amount of singletrack and the ability to do massive rides without riding the same trail twice. This tour will show you the absolute best of what Campbell River has to offer. Our ride will begin and end on the banks of the Campbell River and in between you will climb up and over rock bluffs, ride through large fir forests and descend along the banks of John Hart Lake. Throughout the ride you will see great views of nearby lakes and the mountains of Strathcona Provincial Park. The singletrack in Campbell River is virtually endless and varies from leisurely flow to the ultimate test of technical ability. IMR can take you there and will adjust the ride to suit your riding style and needs. After a ride in CR, a cold beverage and a warm meal is always a must at one of the many waterfront eateries.

Package Deals:

Homegrown Singletrack:

2 Days, 1 Night

Accommodation: Riding Fool Hostel



**1 Breakfast, 2 Lunches, 1 Dinner
\$240/person****

This tour includes 2 days of guided riding and one night accommodation at the Riding Fool Hostel. IMR can access riding in all areas mentioned from the Riding Fool. Rides are tailored to meet the needs of your group.

Singletrack Stash:

3 Days, 2 nights

**Accommodation: Riding Fool Hostel
2 Breakfasts, 3 Lunches, 2 Dinners
\$330/person****

This tour provides your group with 3 days of guided riding and 2 nights accommodation at the Riding Fool Hostel. IMR will custom build a tour that will show you the trails of Cumberland, Forbidden Plateau/Comox Lake and Campbell River.

Singletrack Harvest:

5 Days, 4 nights

**Accommodation: Riding Fool Hostel/
Fletcher Cabin
4 Breakfasts, 5 Lunches and 4
Dinners
\$750/person****

This tour is the ultimate Vancouver Island singletrack adventure. IMR will show you the local goods in Cumberland, on Forbidden Plateau, up in Campbell River and across on Hornby Island. The tour includes 2 nights at the



Riding Fool and 2 at the waterfront, Fletcher Cabin on Denman Island. This tour will show you the best trails and the best scenery in all areas. Looking to mix it up with a day of kayaking or a relaxing day at the beach? We can do that as well! IMR knows all the good local beaches and can arrange for a day of kayaking as well.

Hornby Island Experience:

3 Days, 2 nights

Accommodation: Fletcher Cabin

2 Breakfasts, 3 Lunches and 2

Dinners

\$600/person*

The Hornby Island Experience serves as a relaxing getaway from the rigors of everyday life. This 3 day tour includes 2 days of guided mountain biking and 2 nights accommodation at the beautiful, waterfront, Fletcher Cabin. From the cabin on neighbouring Denman Island we can access the trails, beaches and the ocean playground of Hornby by a short 11 minute ferry ride. This tour will show you spectacular views, great



singletrack and can be customized to include other pursuits such as kayaking or hiking. IMR can tailor this tour to suit the needs of your group.

Ultimate Cumberland:

Exclusive Booking

Accommodation: Riding Fool Hostel

Call for Pricing and more details.

The Riding Fool Hostel is a purpose built, recreation based Hostel. Island Mountain Rides in conjunction with the Riding Fool Hostel can provide an exclusive mountain biking experience that can satisfy large groups and organizations. The Riding Fool can accommodate 30 persons at a time based on double occupancy in the private rooms.

Island Mountain Rides has access to a number of local guides. We are able to split up your group and provide custom guiding services. Groups can be organized based on technical ability, fitness level or as you wish.

We are able to access all of the areas mentioned above and can visit multiple



locations over consecutive days for a complete island riding experience.

Rental mountain bikes are available in the same building at Dodge City Cycles and cruiser bikes are available at the Riding Fool.

Other activities can also be arranged, including; guided hiking, rock climbing, kayaking and more.

The Riding Fool Hostel can also be configured to house a conference or training session for your group. The Hostel has a large common room that can be switched over to a conference room, complete with a digital projector and screen.

The common area can also be used for entertainment purposes and has been used in the past for parties, movie premieres and as a concert venue. It is certainly a perfect place to bring your friends and family, your coworkers or the members of your mountain biking club. Island Mountain Rides and the Riding Fool Hostel can make this happen for you!

*All prices are based on a 3 person minimum and do not include taxes. **All Riding Fool accommodation prices are based on shared (dorm) accommodation. Private Rooms are \$10/person/night more based on double occupancy.



MESSAGE FROM MARTIN: Come to Vancouver Island and join us for a great season of riding. Vancouver Island's beauty is unmatched worldwide and there is a wealth of trails to enjoy. Island Mountain Rides has 14+ years of experience in this area can show you all of the goods. We look forward to showing this great environment, culture and history to others.